

ST. BENEDICT'S PAINTBOX

An exploration of Benedictine Spirituality and the Visual Arts



Joan of Arc (detail) Jules Bastien-Lepage

One of life's joys is to experience the visual arts. Yet, the arts do more than provide an experience of beauty. They are *God's presence and spirit* touching a place deep within us to bring peace, energy and hope.

How might we open on a deeper level to the grace that comes through the visual arts? How can art become a daily experience of God's presence? How can the visual arts help us to better see the sacred in the ordinary?

ECVA New Jersey and Trinity Cathedral Trenton invite Christian artists, art lovers, and seekers to take part in a unique Lenten retreat to explore the visual arts as an experience of God. You will

Explore ways that the visual arts are channels of God's grace and presence

Experience God's presence through the arts

Learn to pray using the visual arts as the text of "scripture"

Find ways to bring the spiritual gifts of art into your daily life in an intentional way

Learn about the many gifts found through Benedictine Spirituality

Benedictine Spirituality is a channel of God's grace that forms heart and mind for God and life centered in Christ. At the retreat you will explore how Benedictine Spirituality and the visual arts can interact to deepen this experience of God. Written by St. Benedict in the sixth century, the Rule of St. Benedict continues to be a compelling and formative spiritual resource for the 21st century.

Our retreat leader will be Jane Tomaine, priest resident in the Diocese of Newark, New Jersey, and author of *St. Benedict's Toolbox: The Nuts and Bolts of Everyday Benedictine Living* published by Morehouse. Learn more at www.stbenedictstoolbox.org.

SATURDAY, MARCH 27, 2010 - TRINITY CATHEDRAL

801 West State Street, Trenton, NJ 08618

10:00 AM - 4:00 PM Program (9:30 AM check-in)

\$40 includes continental breakfast and lunch

Pre-registration and payment required



ST. BENEDICT'S PAINTBOX

An exploration of Benedictine Spirituality and the Visual Arts

Trinity Cathedral and ECVA NJ* Lenten Retreat

REGISTRATION FORM

Deadline: Wednesday, March 24



Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E-mail: _____

To help our retreat leader prepare, please check all that apply:

I am An artist An art lover A seeker

Number of people attending: _____ Amount Enclosed: _____

Please make check payable to Trinity Cathedral and mail completed form and check to:

ECVA Retreat, Trinity Cathedral, 801 West State Street, Trenton, NJ 08618

Questions? Email Ruth Councill or Eileen Kennedy
ruth@councill.net efkennedy@gmail.com

*Episcopal Church and Visual Arts, Diocese of New Jersey Chapter

